PATIENT SYMPTOM SURVEY

Patient Name: _____ **Date:** _____

PLEASE CHECK YOUR PAST & PRESENT SYMPTOMS WO SE CAN BETTER EVALUATE YOUR PROBLEM

GENERAL

PAST NOW

- ☐ ☐ Fatigue
- ☐ ☐ Sleep Problems
- ☐ ☐ Swollen Glands
- ☐ ☐ Hot or cold intolerance
- ☐ ☐ Frequent headaches
- ☐ ☐ Weight loss
- ☐ ☐ Weight gain
- ☐ ☐ Fever or chills
- ☐ ☐ Allergies

NERVOUS SYSTEMS

- ☐ ☐ Dizziness
- ☐ ☐ Blurred vision
- ☐ ☐ Fainting
- ☐ ☐ Paralysis
- ☐ ☐ Tremors
- ☐ ☐ Numbness/tingling
- ☐ ☐ Convulsions
- ☐ ☐ Imbalance
- ☐ ☐ Memory loss
- ☐ ☐ Muscle Weakness

URINARY

- ☐ ☐ Painful urination
- ☐ ☐ Frequent urination
- ☐ ☐ Hard to urinate
- ☐ ☐ Incontinence
- ☐ ☐ Bed wetting
- ☐ ☐ Discolored urine
- ☐ ☐ Frequent infections
- ☐ ☐ Prostate problems
- ☐ ☐ Unusual discharge

HEAD

- ☐ ☐ Headache
  - ○ Entire head
  - ○ Back of head
  - ○ Forehead
  - ○ Temples
  - ○ Migraine
- ☐ ☐ Head feels heavy
- ☐ ☐ Loss of memory
- ☐ ☐ Light-headedness
- ☐ ☐ Fainting
- ☐ ☐ Light bothers eyes
- ☐ ☐ Loss of smell
- ☐ ☐ Loss of taste
- ☐ ☐ Loss of balance
- ☐ ☐ Dizziness
- ☐ ☐ Loss of hearing
- ☐ ☐ Pain in ears
- ☐ ☐ Ringing in ears
- ☐ ☐ Buzzing in ears

NECK

- ☐ ☐ Pain in neck
- ☐ ☐ Neck pain with movement
- ☐ ☐ Pinched nerve in neck
- ☐ ☐ Neck feels out of place
- ☐ ☐ Stiff neck
- ☐ ☐ Muscle spasms in neck
- ☐ ☐ Grinding sounds in neck
- ☐ ☐ Grating sounds in neck
- ☐ ☐ Popping sounds in neck
- ☐ ☐ Arthritis in neck

EMOTIONAL

PAST NOW

- ☐ ☐ Anxiety or worry
- ☐ ☐ Frequent crying
- ☐ ☐ Anger
- ☐ ☐ Tension
- ☐ ☐ Mood swings
- ☐ ☐ Fear
- ☐ ☐ Restlessness
- ☐ ☐ Confussion
- ☐ ☐ Depression
- ☐ ☐ Suicidal
- ☐ ☐ Glasses/contacts

REPRODUCTIVE SYSTEM

- ☐ ☐ Painful intercourse
- ☐ ☐ Prostate problems
- ☐ ☐ Sexual problems
- ☐ ☐ Loss of sex drive
- ☐ ☐ Genital infections

Birth control method _____

WOMEN ONLY

- ☐ ☐ Cramps
- ☐ ☐ PMS
- ☐ ☐ Irregular periods

Are you pregnant? _____
Date last period _____
# of pregnancies _____
# of miscarriages _____
# of abortions _____
Date of last PAP _____

- ☐ ☐ Difficult labor
- ☐ ☐ Breast problems

LOW BACK

- ☐ ☐ Low back pain

Low back pain is worse when:

- ○ Woking
- ○ Lifting
- ○ Stooping
- ○ Standing
- ○ Sitting
- ○ Bending
- ○ Coughing

- ☐ ☐ Pinched nerve in low back
- ☐ ☐ Slipped disk
- ☐ ☐ Low back feels out of place
- ☐ ☐ Muscle spasms
- ☐ ☐ Arthritis

MID BACK

- ☐ ☐ Mid back pain
- ☐ ☐ Pain between shoulder blades
- ☐ ☐ Sharp stabbing pain at midback
- ☐ ☐ Muscle spasms

CHEST

- ☐ ☐ Chest pain
- ☐ ☐ Shortness of breath
- ☐ ☐ Pain around ribs

EENT

PAST NOW

- ☐ ☐ Earache
- ☐ ☐ Ear discharge
- ☐ ☐ Ringing in ears
- ☐ ☐ Hearing loss
- ☐ ☐ Nosebleeds
- ☐ ☐ Hoarseness
- ☐ ☐ Problems swallowing
- ☐ ☐ Sore throat
- ☐ ☐ Jaw tight or sore
- ☐ ☐ Dental problems

NERVOUS SYSTEMS

- ☐ ☐ Joint swelling
- ☐ ☐ Muscle cramps
- ☐ ☐ Neck pain
- ☐ ☐ Shoulder pain
- ☐ ☐ Tennis elbow
- ☐ ☐ Arm pain
- ☐ ☐ Hand sensations
- ☐ ☐ Loss of grip
- ☐ ☐ Midback pain
- ☐ ☐ Rib pain
- ☐ ☐ Low back problems
- ☐ ☐ Hip pain
- ☐ ☐ Foot problems
- ☐ ☐ Leg cramps
- ☐ ☐ Knee pain
- ☐ ☐ Ankle weakness
- ☐ ☐ Tingling foot

SHOULDERS

- ☐ ☐ Pain in shoulder joint
- ☐ ☐ Pain across shoulders
- ☐ ☐ Bursitis (R-L)
- ☐ ☐ Arthritis (R-L)
- ☐ ☐ Can't raise arm:
  - ○ Above shoulder level
  - ○ Over head
- ☐ ☐ Tension in shoulders
- ☐ ☐ Pinched nerve in shoulders
- ☐ ☐ Muscle spasms in shoulders

ARMS and HANDS

- ☐ ☐ Pain in upper arm
- ☐ ☐ Pain in forearm
- ☐ ☐ Pain in hands
- ☐ ☐ Pain in fingers
- ☐ ☐ Pinched nerve in arm
- ☐ ☐ Pincehd nerve in fingers
- ☐ ☐ Pins & needles in arms
- ☐ ☐ Pins & needles in fingers
- ☐ ☐ Fingers go to sleep
- ☐ ☐ Hands cold
- ☐ ☐ Swollen joints in fingers
- ☐ ☐ Arthritis in fingers
- ☐ ☐ Loss of grip strength

HEART / LUNG

PAST NOW

- ☐ ☐ Chest pain
- ☐ ☐ High blood pressure
- ☐ ☐ Low blood pressure
- ☐ ☐ Persistent cough
- ☐ ☐ Hard to breath
- ☐ ☐ Coughing blood
- ☐ ☐ Coughing phlegm
- ☐ ☐ Irregular heartbeat
- ☐ ☐ Varicose veins
- ☐ ☐ Ankle swelling

GASTROINTESTINAL

- ☐ ☐ Change in apetite
- ☐ ☐ Thirst
- ☐ ☐ Nausea
- ☐ ☐ Vomiting
- ☐ ☐ Diarrhea
- ☐ ☐ Constipation
- ☐ ☐ Gas
- ☐ ☐ Hemorrhoids
- ☐ ☐ Gall bladder
- ☐ ☐ Belching
- ☐ ☐ Heartburn
- ☐ ☐ Abdominal pain
- ☐ ☐ Bloody/black stools
- ☐ ☐ Indigestion
- ☐ ☐ Liver trouble

SKIN

- ☐ ☐ Easy bruising
- ☐ ☐ Dry skin
- ☐ ☐ Itching
- ☐ ☐ Boils
- ☐ ☐ Rashes
- ☐ ☐ Excessive sweat
- ☐ ☐ Hair changes

HIPS, LEGS and FEET

- ☐ ☐ Pain in buttocks (R-L)
- ☐ ☐ Pain in hip joint (R-L)
- ☐ ☐ Pain down leg (R-L)
- ☐ ☐ Pain down both legs
- ☐ ☐ Leg cramps
- ☐ ☐ Pins & needles in legs (R-L)
- ☐ ☐ Numbness of leg (R-L)
- ☐ ☐ Numbness of feet (R-L)
- ☐ ☐ Numbness of toes
- ☐ ☐ Feet feel cold
- ☐ ☐ Cramps in feet (R-L)
- ☐ ☐ Swollen ankels (R-L)
- ☐ ☐ Swollen feet (R-L)
- ☐ ☐ Pain in foot (R-L)
- ☐ ☐ Pain in knee (R-L)

GENERAL

- ☐ ☐ Nervousness
- ☐ ☐ Irritable
- ☐ ☐ Depressed
- ☐ ☐ Fatigue
- ☐ ☐ Generally feel rundown
- ☐ ☐ Loss of sleep
- ☐ ☐ Loss of weight